



Giving it a fling

Disc golf heats up in NEPA

By Ben Mandell
For Times Leader

WILKES-BARRE – On any given afternoon or evening in Nesbitt Park, flying discs can be seen being flung through the air.

The players tossing the discs about, however, are quick to point out that the devices are not Frisbees, and they are most certainly not playing Frisbee.

No, the groups of competitors are playing what might be one of the fastest growing sports in the area – disc golf.

Championed by the likes of Patrick Lenahan and others, the sport is increasing its foothold in the region.

“Currently, I run weekly (doubles) every Friday at 5:30 p.m. at Nesbitt Park,” said Lenahan, who lives in Kingston with his wife, Nicole.

Just as in regular golf, courses range from nine to 18 holes,

but there are some exceptions. The course at Nesbitt is has nine.

The game is very much like it sounds, a combination of golf and disc throwing ... but definitely not Frisbees.

“If you’re not familiar with the sport, it’s much like regular golf,” Lenahan said. “In regular play, each player tees off or throws from a tee pad and continues throwing until his or her disc is in that hole’s basket. Like golf, the lower score wins.”

Local courses have seen an uptick in traffic lately, according to Lenahan. His weekly doubles tournaments, also known as dubs, have helped grow the sport in the region.

“I get about 30 people a week at dubs,” Lenahan said. “Partners are drawn randomly, and we encourage players of all skill levels to participate.”

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Submitted photo

Patrick Lenahan plays disc golf at Nesbitt Park.

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A player ‘tees’ off at the Nesbitt Park disc golf course recently.



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